



**Progressive Distributors
International Swim Meet
June 15-18, 2006**



**PROGRESSIVE
DISTRIBUTORS LTD**

- HOST:** Stingray Swim Club of Grand Cayman (SSC)
- SANCTIONED BY:** Cayman Islands Amateur Swim Association
- LOCATION:** Lion's Aquatic Centre, 60 Olympic Way, George Town
Grand Cayman, Cayman Islands, BWI
Pool Fax: +1-345-946-5533
Email: stingrayswimclub@candw.ky
- SCHEDULE:**
- | | | | | |
|---------------------------------------|--------|---------|--------|-------------------------|
| Thursday June 15 th , 2005 | 4:00pm | Warm-Up | 5:30pm | Start |
| Friday June 16 th , 2005 | 4:00pm | Warm-Up | 5:30pm | Start |
| Saturday June 17 th , 2005 | 7:00am | Warm-Up | 8:00am | Formal Welcome/Start |
| | | | 2:30pm | Flowers 1 Mile Sea Swim |
| Sunday June 18 th , 2005 | 8:00am | Warm-Up | 9:00am | Start |
- RULES:** Current FINA Rules will govern the meet
- ELIGIBILITY:** The age of the swimmer as of the first day of the meet determines the age group.
- TYPE OF MEET:** 25 Metres short course, timed finals. Six (6) lane Colorado Timing System with touch pads, button back-up and stop watches.
Age Groups are: 6 & Under, 8 & Under, 9 – 10, 11 – 12, 13 – 14, Senior (15 & Overs)
- ENTRIES:** FEES: CI\$2.00 or US\$2.50 per individual event and \$5.00 per relay team. An additional \$5.00 registration fee is required for each Non-Stingray Swim Club Member. Make cheques payable to: Stingray Swim Club of Cayman. If not drawn on a Cayman bank, payment must be a prepaid bank draft (or international money order) or cash.
- We use the HY-TEK computer program. Email entries should be sent as an attachment in the Meet Manager CL2 format. Please also attach an html copy of the entries by name to the email. This will make our job easier and insure accuracy. If not, please send your entries using the entry sheet format of your choice.
- ENTRY LIMIT:** Four (4) individual events per day plus relays. There is no limit to the number of entries by a team in an event.
- DEADLINE:** Entries and fees must be in the Lion's Pool Office by no later than Saturday June 10th, 2006.
Send entries by email to: stingrayswimclub@candw.ky



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- DECK ENTRIES:** Deck Entries will be considered, at the request of the coaches only. A fee of \$5.00 per event must be paid at time of entry. They will be unseeded and by lane availability only.
- SEEDING:** The meet will be seeded according to current FINA rules for timed finals. Entries submitted without times or with unreadable times will be seeded as NO TIME (NT). Entry times must be submitted in short course metres times.
- AWARDS:** Medals/Ribbons: Individual 1st to 6th place and Relays 1st to 6th place.
Trophies – High Point, Male/Female
Trophies – Team 1st, 2nd & 3rd
A swimmer can win High Point in only one age group classification. Any swimmer may enter an 'Open' event and their finish placement and points will be awarded in order of finish, regardless of age. However, 13 – 14 Year swimmers will swim together with Seniors (15 & Over) in 13 & Over Events and will have their results separated for scoring and award purposes.
- Scoring will be as follows:
- | | |
|----------------------------------|-----------------------------------|
| Individual | Relays |
| 1 st place – 9 points | 1 st place – 18 points |
| 2 nd place – 7 points | 2 nd place – 14 points |
| 3 rd place – 6 points | 3 rd place – 12 points |
| 4 th place – 5 points | 4 th place – 10 points |
| 5 th place – 4 points | 5 th place – 8 points |
| 6 th place – 3 points | 6 th place – 6 points |
| 7 th place – 2 points | 7 th place – 4 points |
| 8 th place – 1 point | 8 th place – 2 points |
- SCRATCHES:** Scratches will be permitted according to FINA rules. Please report all scratches to the Meet Director 30 minutes prior to each session.
- CONCESSIONS:** food and drink will be available during the meet. No smoking or alcoholic beverages will be allowed on the pool deck or any area in within the Lion's Pool Facility. No glass of any type will be allowed in the pool area.
- COACHES:** Certified coaches only are allowed to perform deck duties. Coaches' packets will be given to those coaches presenting credentials. A technical meeting is set for 5:00pm on Friday June 16th, 2005 at the Clubhouse on the pool deck.

MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.



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EVENTS LIST / SCHEDULE

SESSION I THURSDAY, JUNE 15TH 4:00PM WARM-UP 5:30PM START

GIRLS		BOYS
Event #	EVENT	Event #
1	Open 800/1500 free	2

SESSION II FRIDAY, JUNE 16TH 4:00PM WARM-UP 5:30PM START

GIRLS		BOYS
Event #	EVENT	Event #
3	Open 200M Fly	4
5	10&Under 100M Fly	6
7	11-12 50M Fly	8
9	Open 200M Free	10
11	10& Under 100M Free	12
13	11-12 50M Back	14
15	Open 400M IM	16
17	10& Under 200M IM	18
19	11-12 50M Breast	20

SESSION III SATURDAY, JUNE 17TH 7:00AM WARM-UP 8:00AM Welcome/Start

GIRLS		BOYS
Event #	EVENT	Event #
21	Open 400M Free	22
23	8&Under 50M Fly	24
25	9-10 50M Fly	26
27	Open 200M Breast	28
29	8&Under 50M Back	30
31	9-10 50M Back	32
33	11-12 100M Back	34
35	13&Over 100M Back	36
37	8&Under 50M Free	38
39	9-10 50M Free	40
41	11-12 100M Free	42
43	13&Over 100M Free	44
45	10&Under 100M Breast	46
47	11-12 100M Fly	48
49	13&Over 100M Fly	50



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SATURDAY, JUNE 17TH

2:30PM START



The fabulous Flowers One Mile Sea Swim will start at 2:30PM on Seven Mile Beach. Over 600 participants are scheduled to compete in this fun event. Many will have the chances to win random prizes of free air tickets, hotel accommodation and more. Registration can be done on-line or at the pool on the Thursday or Friday sessions. For more information go to www.flowersseaswim.com.

SESSION III SUNDAY, JUNE 18TH 8:00 AM WARM-UP 9:00AM START

GIRLS		BOYS
Event#	EVENT	Event#
51	6&Under 25M Fly	62
53	8&Under 50M Breast	54
55	9-10 50M Breast	56
57	Open 200M Back	58
59	6&Under 25M Back	60
61	8&Under 100M IM	62
63	9-10 100M IM	64
65	11-12 200M IM	66
67	13&Over 200M IM	68
69	6&Under 25M Breast	70
71	10&Under 100M Back	72
73	11-12 100M Breast	74
75	13&Over 100M Breast	76
77	6&Under 25M Free	78
79	11-12 50M Free	80
81	13&Over 50M Free	82
83	8&Under 200M Free Relay	84
85	10&Under 200M Free Relay	86
87	12&Under 200M Free Relay	88
89	13&Over 400M Free Relay	90